



## Metro Junior Weight Chart 2024

The official weight Chart for Metropolitan Junior Rugby

School Year	Official Weight As at the start of the season	Grade	Automatic drop-down weight No dispensation is required
Year 1	Non-tackle, no weight limit	Year 1	If player is approaching 32kg consider Y2
Year 2	Non-tackle, no weight limit	Year 2	If player is approaching 37kg consider Y3
Year 3	37kg or less	Year 3	Less than 24kgs to Year 2
	37kg or more	Year 4	
	Non-tackle, no weight limit	Year 3/4/5 Rip Rugby	
Year 4	41kg or less	Year 4	Less than 27kg to Year 3
	41kg or more	Year 5	
	Non-tackle, no weight limit	Year 3/4/5 Rip Rugby	
Year 5	46kg or less	Year 5	Less than 31kg to Year 4
	46kg or more	Year 6	
	Non-tackle, no weight limit	Year 3/4/5 Rip Rugby	
Year 6	52kg or less	Year 6	Less than 35kg to Year 5
	52kg or more	Year 7	
	Non-tackle, no weight limit	Year 6/7/8 Rip Rugby	
Year 7	58kg or less	Year 7	Less than 40kg to Year 6
	58kg or more	Year 8	
	Non-tackle, no weight limit	Year 6/7/8 Rip Rugby	
Year 8	Open Weight Grade	Year 8	Less than 45kg to Year 7
	Non-tackle, no weight limit	Year 6/7/8 Rip Rugby	

Please Note – grade eligibility is worked out by the following:

1. A players year group at school is to be the **primary determinate** in determining the relevant age grade e.g. If you child is in year 3 at school, they will play in the year 3 grade “subsequently”. The player must also meet the weight requirements for the school year as per the above chart.
2. A players age as at 1<sup>st</sup> April is to be used as a **secondary determinate** if the age of the player is very different to the others with their year.